

# Country Music Mama's Barbecue Stew!!

Bonita Mosley

## Ingredients-

- **A large stew pot**
- **2 cartons of chicken broth**
- **Chicken - stewed breasts, a rotisserie barbecued chicken pulled, or 2 containers of Lloyds' Barbecue Chicken.**
- **Sautéed onion, bell pepper, garlic, and chopped cabbage**
- **A bag of frozen mixed vegetables**
- **A bag of chopped frozen okra**
- **A large can of diced tomatoes**
- **A large can of Rotelle tomatoes**
- **A full bottle of your favorite barbecue sauce**
- **A can of generic beer ( optional)**
- 

## Directions-

- Sauté' peppers, onions, garlic, and cabbage in a couple tablespoons of olive oil until tender
- Add rest of ingredients - save okra for last half hour before serving
- Stir, heat on slow boil to simmer for at least an hour.
- Soup makes fantastic leftovers as the flavors meld together!

Barbecue Stew can be varied by using beef broth and pulled pork or beef roast.

Serve with sweet cornbread and ice tea!!